

Elementary Counselor's Personal Safety Curriculum

Bismarck Public Schools Elementary Counselors teach safety within our curriculum. Lessons are based on the American School Counseling Association National Model for Counseling Standards. The classroom lessons will include:

- 1) General safety rules.
- 2) Identifying the difference between safe and unsafe touch.
- 3) Learning the three R's: Recognize, Refuse, and Report.
- 4) Identifying which areas of their bodies are private.
- 5) Identifying safe adults at home and school.

Kindergarten I Can Statements:

I can tell why we have rules
I can tell what is safe and unsafe
I can ask an adult for help when I need it

1st Grade I Can Statements:

I can tell the reason for rules
I can identify safe and unsafe touch
I can name three people I can ask for help
I can identify tattling (reporting)

2nd Grade I Can statements:

I can identify safe and unsafe touch
I can identify my personal space
I can name three safe adults
I can tell the difference between tattling and reporting

3rd Grade I Can Statements:

I can recognize bullying behavior.
I can identify assertive communication.
I can identify safe and unsafe touch
I can name three safe adults.
I can list five ways to keep myself healthy.